

CSB-SJU Outdoor Invite and Multis

Clemens Stadium, Saint John's

April 8-9, 2017

DECATHLON 100 METER DASH Saturday 1:30 pm

Timed final

Clemens Stadium record: 10.47; Tyrone Minor, Unattached, 2001
Saint John's team record: 10.4; Dave Lamm, 1968

| Lane | Name | Team | Qual Time |
|------------------|------------------------|--------------------|-----------|
| Section 1 | | | |
| 1 | Kyle Stichman, So | Bethel | 12.03 |
| 2 | Adam Rikkers, Fr | St. Thomas | 11.89 |
| 3 | Preston Huddleston, Jr | St. Thomas | 11.43 |
| 4 | Dominique Smith | Unattached | 11.55 |
| 5 | Chris Frick, So | St. Olaf | 11.97 |
| 6 | Duncan Dahl, So | St. Thomas | 11.62 |
| 7 | Adam Kaiser, So | St. Olaf | 11.42 |
| 8 | James Moyer, Jr | Bethel | 11.66 |
| Section 2 | | | |
| 1 | Eli Knutson, So | St. Olaf | 12.17 |
| 2 | Willie Julkes, Fr | Concordia Moorhead | |
| 3 | Alex VanBemmelen, Jr | Concordia Moorhead | 12.69 |
| 4 | Zac Freese, Jr | Concordia Moorhead | 12.77 |
| 5 | Caden Skinner, Jr | Bethel | 12.25 |
| 6 | Nelson Finne, So | Gustavus | |
| 7 | Brett Brenden, So | Concordia Moorhead | 12.57 |
| 8 | Derek Huntley, Sr | Gustavus | |

HEPTATHLON 100 METER HURDLES

Saturday 1:45 pm

Timed final

Clemens Stadium record: 13.88; Meredith Davis, Unattached, 2003
St. Benedict team record: 14.81; Molly Miller, 2001

| Lane | Name | Team | Qual Time |
|------------------|------------------------|--------------------|-----------|
| Section 1 | | | |
| 1 | Alexandria Coleman, Sr | Bemidji State | 15.29 |
| 3 | Laura Eischens, Jr | St. Thomas | 15.71 |
| 5 | Megan Sundstrom, Jr | St. Benedict | 15.58 |
| 7 | Ashley Ramacher | Unattached | 15.05 |
| Section 2 | | | |
| 1 | Hannah Arason | Unattached | 15.89 |
| 3 | Jenna Degen, So | St. Benedict | 15.83 |
| 5 | Jenna Stilwell, So | Concordia Moorhead | 16.50 |
| 7 | Mikayla Forness, Jr | Concordia Moorhead | 16.18 |
| Section 3 | | | |
| 1 | Miriah Forness, Fr | Concordia Moorhead | 17.93 |
| 3 | Marissa Andersen, Jr | Concordia Moorhead | 17.24 |
| 5 | Jordan Sifferle, Fr | St. Thomas | 16.78 |

DECATHLON LONG JUMP Saturday about 2:10 pm

After 100

Clemens Stadium record: 23-4 3/4 (7.13m); Erik Diley, Saint John's, 2007

Saint John's team record: 23-11 1/2 (7.30m); Erik Diley, 2008

| Name | Team | Qual Distance |
|------|------------------------|--------------------|
| 1 | James Moyer, Jr | Bethel |
| 2 | Zac Freese, Jr | Concordia Moorhead |
| 3 | Caden Skinner, Jr | Bethel |
| 4 | Alex VanBemmelen, Jr | Concordia Moorhead |
| 5 | Adam Rikkers, Fr | St. Thomas |
| 6 | Nelson Finne, So | Gustavus |
| 7 | Dominique Smith | Unattached |
| 8 | Willie Julkes, Fr | Concordia Moorhead |
| 9 | Kyle Stichman, So | Bethel |
| 10 | Derek Huntley, Sr | Gustavus |
| 11 | Adam Kaiser, So | St. Olaf |
| 12 | Duncan Dahl, So | St. Thomas |
| 13 | Brett Brenden, So | Concordia Moorhead |
| 14 | Chris Frick, So | St. Olaf |
| 15 | Eli Knutson, So | St. Olaf |
| 16 | Preston Huddleston, Jr | St. Thomas |

HEPTATHLON HIGH JUMP

Saturday about 2:35 pm

After hurdles

Clemens Stadium record: 5-9 3/4 (1.77m); Laura Verdegan, Stout, 2005

St. Benedict team record: 5-5 (1.65m); Mary Schletty, 2007

| Name | Team | Qual Height |
|------|------------------------|--------------------|
| 1 | Jenna Degen, So | St. Benedict |
| 2 | Marissa Andersen, Jr | Concordia Moorhead |
| 3 | Megan Sundstrom, Jr | St. Benedict |
| 4 | Miriah Forness, Fr | Concordia Moorhead |
| 5 | Hannah Arason | Unattached |
| 6 | Ashley Ramacher | Unattached |
| 7 | Jenna Stilwell, So | Concordia Moorhead |
| 8 | Jordan Sifferle, Fr | St. Thomas |
| 9 | Alexandria Coleman, Sr | Bemidji State |
| 10 | Laura Eischens, Jr | St. Thomas |
| 11 | Mikayla Forness, Jr | Concordia Moorhead |

DECATHLON SHOT PUT Saturday about 3:25 pm

After LJ

Clemens Stadium record: 56-1 3/4 (17.11m); Darwin Dumonceaux,
Saint John's & Aaron Smith, Gustavus, 1999Saint John's team record: 57-10 1/4 (17.63m); Darwin Dumonceaux,
1999

| | Name | Team | Qual Distance |
|----|------------------------|--------------------|------------------|
| 1 | Derek Huntley, Sr | Gustavus | |
| 2 | Alex VanBemmelen, Jr | Concordia Moorhead | |
| 3 | Preston Huddleston, Jr | St. Thomas | |
| 4 | Adam Rikkers, Fr | St. Olaf | |
| 5 | Eli Knutson, So | St. Olaf | |
| 6 | Zac Freese, Jr | Concordia Moorhead | |
| 7 | Willie Julkes, Fr | Concordia Moorhead | |
| 8 | Dominique Smith | Unattached | |
| 9 | Kyle Stichman, So | Bethel | |
| 10 | Nelson Finne, So | Gustavus | |
| 11 | James Moyer, Jr | Bethel | |
| 12 | Adam Kaiser, So | St. Olaf | |
| 13 | Caden Skinner, Jr | Bethel | |
| 14 | Duncan Dahl, So | St. Thomas | |
| 15 | Brett Brenden, So | Concordia Moorhead | |
| 16 | Chris Frick, So | St. Olaf | |

HEPTATHLON SHOT PUT Saturday about 4:25 pm

After HJ

Clemens Stadium record: 47-5 1/4 (14.46m); Cherae Reeves,
Concordia, 2015

St. Benedict team record: 46-10 1/4 (14.28m); Jenna Wendorff, 2004

| | Name | Team | Qual Distance |
|----|------------------------|--------------------|------------------|
| 1 | Hannah Arason | Unattached | |
| 2 | Laura Eischens, Jr | St. Thomas | |
| 3 | Ashley Ramacher | Unattached | |
| 4 | Alexandria Coleman, Sr | Bemidji State | |
| 5 | Jenna Stilwell, So | Concordia Moorhead | |
| 6 | Jenna Degen, So | St. Benedict | |
| 7 | Miriah Forness, Fr | Concordia Moorhead | |
| 8 | Jordan Sifferle, Fr | St. Thomas | |
| 9 | Marissa Andersen, Jr | Concordia Moorhead | |
| 10 | Megan Sundstrom, Jr | St. Benedict | |
| 11 | Mikayla Forness, Jr | Concordia Moorhead | |

DECATHLON HIGH JUMP Saturday about 4:25 pm

After SP

Clemens Stadium record: 6-8 3/4 (2.05m); Jason Sydejko, UMD,
2006

Saint John's team record: 6-9 3/4 (2.08m); Oral Hudson, 1985

| | Name | Team | Qual Height |
|---|------------------------|--------------------|----------------|
| 1 | Preston Huddleston, Jr | St. Thomas | |
| 2 | Derek Huntley, Sr | Gustavus | |
| 3 | Willie Julkes, Fr | Concordia Moorhead | |
| 4 | Nelson Finne, So | Gustavus | |
| 5 | Alex VanBemmelen, Jr | Concordia Moorhead | |
| 6 | Caden Skinner, Jr | Bethel | |

| | | |
|----|-------------------|--------------------|
| 7 | Chris Frick, So | St. Olaf |
| 8 | Eli Knutson, So | St. Olaf |
| 9 | James Moyer, Jr | Bethel |
| 10 | Zac Freese, Jr | Concordia Moorhead |
| 11 | Brett Brenden, So | Concordia Moorhead |
| 12 | Kyle Stichman, So | Bethel |
| 13 | Duncan Dahl, So | St. Thomas |
| 14 | Adam Kaiser, So | St. Olaf |
| 15 | Dominique Smith | Unattached |
| 16 | Adam Rikkers, Fr | St. Thomas |

HEPTATHLON 200 METER DASH

Saturday about 5:15 pm

After SP

Clemens Stadium record: 25.38; TK Willis, unattached

St. Benedict team record: 25.38; Patti Clintsman, 2004

| | Lane Name | Team | Qual Time |
|-----------|------------------------|--------------------|--------------|
| Section 1 | | | |
| 3 | Hannah Arason | Unattached | 27.72 |
| 4 | Jenna Degen, So | St. Benedict | 27.2 |
| 5 | Alexandria Coleman, Sr | Bemidji State | 26.48 |
| 6 | Mikayla Forness, Jr | Concordia Moorhead | 26.77 |
| 7 | Megan Sundstrom, Jr | St. Benedict | 26.29 |
| 8 | Ashley Ramacher | Unattached | 27.09 |
| Section 2 | | | |
| 4 | Jenna Stilwell, So | Concordia Moorhead | 29.48 |
| 5 | Laura Eischens, Jr | St. Thomas | 27.80 |
| 6 | Marissa Andersen, Jr | Concordia Moorhead | 28.38 |
| 7 | Miriah Forness, Fr | Concordia Moorhead | 28.35 |
| 8 | Jordan Sifferle, Fr | St. Thomas | 28.67 |

DECATHLON 400 METER DASH

Saturday about 6:20 pm

After HJ

Clemens Stadium record: 47.88; Matthew Shannon, Augsburg, 2003

Saint John's team record: 48.44; Ryan Murray, 1993

| | Lane Name | Team | Qual Time |
|-----------|------------------------|--------------------|--------------|
| Section 1 | | | |
| 1 | Derek Huntley, Sr | Gustavus | |
| 2 | Eli Knutson, So | St. Olaf | |
| 3 | Alex VanBemmelen, Jr | Concordia Moorhead | |
| 4 | Dominique Smith | Unattached | |
| 5 | James Moyer, Jr | Bethel | |
| 6 | Adam Kaiser, So | St. Olaf | |
| 7 | Brett Brenden, So | Concordia Moorhead | |
| 8 | Caden Skinner, Jr | Bethel | |
| Section 2 | | | |
| 1 | Kyle Stichman, So | Bethel | |
| 2 | Preston Huddleston, Jr | St. Thomas | |
| 3 | Nelson Finne, So | Gustavus | |
| 4 | Willie Julkes, Fr | Concordia Moorhead | |
| 5 | Adam Rikkers, Fr | St. Thomas | |
| 6 | Chris Frick, So | St. Olaf | |
| 7 | Duncan Dahl, So | St. Thomas | |
| 8 | Zac Freese, Jr | Concordia Moorhead | |

HEPTATHLON LONG JUMP Sunday 10:30 am

Clemens Stadium record: 20-1 3/4 (6.14m); TK Willis, Unattached, 2015

St. Benedict team record: 18-8 1/2 (5.70m); Julia Renner, 2012

| Name | Team | Qual Distance |
|--------------------------|--------------------|---------------|
| 1 Alexandria Coleman, Sr | Bemidji State | |
| 2 Mikayla Forness, Jr | Concordia Moorhead | |
| 3 Jenna Degen, So | St. Benedict | |
| 4 Laura Eischens, Jr | St. Thomas | |
| 5 Jordan Sifferle, Fr | St. Thomas | |
| 6 Ashley Ramacher | Unattached | |
| 7 Miriah Forness, Fr | Concordia Moorhead | |
| 8 Jenna Stilwell, So | Concordia Moorhead | |
| 9 Hannah Arason | Unattached | |
| 10 Megan Sundstrom, Jr | St. Benedict | |
| 11 Marissa Andersen, Jr | Concordia Moorhead | |

DECATHLON 110 METER HURDLES**Sunday 10:30 am**

Timed final

Clemens Stadium record: 14.58; Tanner Miest, Gustavus, 2007

Saint John's team record: 14.0; Don Kluk, 1971

| Lane | Name | Team | Qual Time |
|-----------|------------------------|--------------------|-----------|
| Section 1 | | | |
| 1 | Dominique Smith | Unattached | 15.49 |
| 3 | Duncan Dahl, So | St. Thomas | 15.42 |
| 5 | Willie Julkes, Fr | Concordia Moorhead | 16.11 |
| 7 | James Moyer, Jr | Bethel | 16.40 |
| Section 2 | | | |
| 1 | Preston Huddleston, Jr | St. Thomas | 18.27 |
| 3 | Brett Brenden, So | Concordia Moorhead | 18.04 |
| 5 | Adam Ridders, Fr | St. Thomas | 17.86 |
| 7 | Zac Freese, Jr | Concordia Moorhead | 18.05 |
| Section 3 | | | |
| 1 | Alex VanBemmelen, Jr | Concordia Moorhead | 19.41 |
| 3 | Kyle Stichman, So | Bethel | 19.73 |
| 5 | Caden Skinner, Jr | Bethel | 20.00 |
| 7 | Nelson Finne, So | Gustavus | |
| Section 4 | | | |
| 1 | Eli Knutson, So | St. Olaf | |
| 3 | Chris Frick, So | St. Olaf | |
| 5 | Derek Huntley, Sr | Gustavus | |
| 7 | Adam Kaiser, So | St. Olaf | |

DECATHLON DISCUS THROW**Sunday about 11:15 am**

After hurdles

Clemens Stadium record: 173-2 (52.78m); Ben Nyquist, Hamline, 1999

Saint John's team record: 168-0 (51.20m); John Sowada, 1983

| Name | Team | Qual Distance |
|---------------------|------------|---------------|
| 1 Dominique Smith | Unattached | |
| 2 Kyle Stichman, So | Bethel | |
| 3 Duncan Dahl, So | St. Thomas | |

| | |
|--------------------------|--------------------|
| 4 Brett Brenden, So | Concordia Moorhead |
| 5 James Moyer, Jr | Bethel |
| 6 Preston Huddleston, Jr | St. Thomas |
| 7 Alex VanBemmelen, Jr | Concordia Moorhead |
| 8 Zac Freese, Jr | Concordia Moorhead |
| 9 Nelson Finne, So | Gustavus |
| 10 Chris Frick, So | St. Olaf |
| 11 Caden Skinner, Jr | Bethel |
| 12 Derek Huntley, Sr | Gustavus |
| 13 Adam Kaiser, So | St. Olaf |
| 14 Adam Ridders, Fr | St. Thomas |
| 15 Willie Julkes, Fr | Concordia Moorhead |
| 16 Eli Knutson, So | St. Olaf |

HEPTATHLON JAVELIN THROW**Sunday about 11:30 am**

After LJ

Clemens Stadium record: 152-9 (46.56m); Lisa Brown, Gustavus, 2007

St. Benedict team record: 128-10 (39.28m); Valerie Clintsman, 2016

| Name | Team | Qual Distance |
|--------------------------|--------------------|---------------|
| 1 Hannah Arason | Unattached | |
| 2 Miriah Forness, Fr | Concordia Moorhead | |
| 3 Mikayla Forness, Jr | Concordia Moorhead | |
| 4 Jenna Stilwell, So | Concordia Moorhead | |
| 5 Jenna Degen, So | St. Benedict | |
| 6 Megan Sundstrom, Jr | St. Benedict | |
| 7 Laura Eischens, Jr | St. Thomas | |
| 8 Marissa Andersen, Jr | Concordia Moorhead | |
| 9 Alexandria Coleman, Sr | Bemidji State | |
| 10 Jordan Sifferle, Fr | St. Thomas | |
| 11 Ashley Ramacher | Unattached | |

HEPTATHLON 800 METER RUN**Sunday about 12:30 pm**

After JT

Clemens Stadium record: 2:13.73; Emily Gapinski, St. Thomas, 2016

St. Benedict team record: 2:12.33; Allison Kosobud, 2016

| Lane | Name | Team | Qual Time |
|--------------------------|--------------------|------|-----------|
| 1 Mikayla Forness, Jr | Concordia Moorhead | | |
| 2 Laura Eischens, Jr | St. Thomas | | |
| 3 Jordan Sifferle, Fr | St. Thomas | | |
| 4 Alexandria Coleman, Sr | Bemidji State | | |
| 5 Marissa Andersen, Jr | Concordia Moorhead | | |
| 6 Megan Sundstrom, Jr | St. Benedict | | |
| 7 Jenna Stilwell, So | Concordia Moorhead | | |
| 8 Ashley Ramacher | Unattached | | |
| 9 Miriah Forness, Fr | Concordia Moorhead | | |
| 10 Jenna Degen, So | St. Benedict | | |
| 11 Hannah Arason | Unattached | | |

DECATHLON POLE VAULT Sunday about 12:45 pm

After discus

Clemens Stadium record: 16-5 1/4 (5.01m); Steve White,
Unattached, 1999

Saint John's team record: 15-11 (4.85m); Brayden Wagner, 2009

| | Name | Team | Qual Height |
|----|------------------------|--------------------|----------------|
| 1 | Preston Huddleston, Jr | St. Thomas | |
| 2 | Kyle Stichman, So | Bethel | |
| 3 | Brett Brenden, So | Concordia Moorhead | |
| 4 | Nelson Finne, So | Gustavus | |
| 5 | Derek Huntley, Sr | Gustavus | |
| 6 | James Moyer, Jr | Bethel | |
| 7 | Adam Ridders, Fr | St. Thomas | |
| 8 | Zac Freese, Jr | Concordia Moorhead | |
| 9 | Chris Frick, So | St. Olaf | |
| 10 | Willie Julkes, Fr | Concordia Moorhead | |
| 11 | Eli Knutson, So | St. Olaf | |
| 12 | Duncan Dahl, So | St. Thomas | |
| 13 | Alex VanBemmelen, Jr | Concordia Moorhead | |
| 14 | Caden Skinner, Jr | Bethel | |
| 15 | Dominique Smith | Unattached | |
| 16 | Adam Kaiser, So | St. Olaf | |

DECATHLON 1500 METER RUN**Sunday about 5:00 pm**

After JT

Clemens Stadium record: 3:51.72; Thomas Feichtinger, Saint John's,
2016

Saint John's team record: 3:48.86; Thomas Feichtinger, 2015

| | Lane | Name | Team | Qual Time |
|----|------|------------------------|--------------------|--------------|
| 1 | | Duncan Dahl, So | St. Thomas | |
| 2 | | Alex VanBemmelen, Jr | Concordia Moorhead | |
| 3 | | Adam Kaiser, So | St. Olaf | |
| 4 | | Caden Skinner, Jr | Bethel | |
| 5 | | Dominique Smith | Unattached | |
| 6 | | Derek Huntley, Sr | Gustavus | |
| 7 | | Zac Freese, Jr | Concordia Moorhead | |
| 8 | | James Moyer, Jr | Bethel | |
| 9 | | Chris Frick, So | St. Olaf | |
| 10 | | Adam Ridders, Fr | St. Thomas | |
| 11 | | Eli Knutson, So | St. Olaf | |
| 12 | | Kyle Stichman, So | Bethel | |
| 13 | | Brett Brenden, So | Concordia Moorhead | |
| 14 | | Preston Huddleston, Jr | St. Thomas | |
| 15 | | Willie Julkes, Fr | Concordia Moorhead | |
| 16 | | Nelson Finne, So | Gustavus | |

DECATHLON JAVELIN THROW**Sunday about 3:45 pm**

After PV

Clemens Stadium record: 222-5 (67.80m); Tom Engwall, Saint
John's, 2003

Saint John's team record: 222-5 (67.80m); Tom Engwall, 2003

| | Name | Team | Qual Distance |
|----|------------------------|--------------------|------------------|
| 1 | Eli Knutson, So | St. Olaf | |
| 2 | Zac Freese, Jr | Concordia Moorhead | |
| 3 | Dominique Smith | Unattached | |
| 4 | Willie Julkes, Fr | Concordia Moorhead | |
| 5 | Nelson Finne, So | Gustavus | |
| 6 | Adam Ridders, Fr | St. Thomas | |
| 7 | Alex VanBemmelen, Jr | Concordia Moorhead | |
| 8 | Chris Frick, So | St. Olaf | |
| 9 | Caden Skinner, Jr | Bethel | |
| 10 | Preston Huddleston, Jr | St. Thomas | |
| 11 | Duncan Dahl, So | St. Thomas | |
| 12 | Derek Huntley, Sr | Gustavus | |
| 13 | Kyle Stichman, So | Bethel | |
| 14 | Brett Brenden, So | Concordia Moorhead | |
| 15 | James Moyer, Jr | Bethel | |
| 16 | Adam Kaiser, So | St. Olaf | |